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| **CPD Recording and Reflection Log** |
| The table below can be used to record your CPD hours, and a short personal reflections Use of this table is not mandatory however you may wish to attach this log to support the evidence of your CPD activities in your EPP Hub. |
| **Date** | **Type e.g. seminar** | **Title/topic** | **CPD Provider** | **Number of hours** | **How did the CPD enhance my professional development?** | **How did the CPD help me to refine my career orientation?** | **How did the CPD help me build my network?** | **Other reflective notes** |
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