



Engineering Professional Practice Reflections Assessment Checklist

Prior to submitting your reflections assessment for marking to UQ Blackboard, ensure you have met all of the requirements below.

- Claimed** and received approval for a minimum of 450 hours (of which at least 225 hours were carried out assisting or under the immediate supervision of a professional engineer) of Engineering Professional Practice hours in the [Engineering Professional Practice Claims System](#)
- Downloaded** your Reflections template from the [Engineering Professional Practice Claims System](#)
- Written** your five (5) reflections as per the [Professional Practice Assessment Writing Guidelines](#). Within each reflection, you have met all requirements below:
 - Choose one (1) of the sixteen (16) [Engineers Australia Stage 1 Competencies](#)**. Please note that out of the five (5) reflections at least four (4) reflections must be from sections two (2) and three (3) of the Engineers Australia Stage 1 Competencies. Each reflection must address a different competency.
 - Identify one or more learning events** that you have encountered whilst undertaking your 450 hours of professional practice. When identifying your learning event(s), think about all the things you have done in your professional practice activities and decide which of those things have helped you understand better or helped you do a better job as a professional engineer.
 - Discuss the learning event(s) you have identified with reference to the Engineers Australia Stage 1 Competency you have chosen. Use the **SEAL Reflection Framework** for your discussion (300 words per reflection).

Once you have ticked all the boxes above, you may then go ahead and submit your reflections to UQ Blackboard. View the procedure on how to do this [here](#).